Purpose:
This conference will explore the relationship of spirituality and health care and underscore the importance of being sensitive to the spiritual needs and diversity of people who seek health care services.

Objectives:
At the completion of this educational activity participants will:

• Have a greater understanding of the nature of illness and healing.

• Understand the effect of spirituality on health.

• Be better prepared to address the spiritual needs of uniquely vulnerable patients.

• Be able to identify ethical concerns related to the spiritual needs of people at the end of life, including those of different faiths and those with no faith.
2007 MU Health Ethics Conference – Spirituality in Health and Healing

Program

Thursday, October 11, 2007
Reynolds Alumni Center
7:00 – 9:00pm

7:00  Annual Pellegrino Lecture: Does Medical Ethics Need a Philosophy of Medicine?
Daniel P. Sulmasy, OFM, MD, PhD FM, Sisters of Charity Chair in Ethics, Saint Vincent’s Hospital and Medical Center; Chair, John J. Conley Dept of Ethics, Saint Vincent’s Hospital and Medical Center, New York, New York with a response from Edmund D. Pellegrino, MD, Adjunct Professor of Medicine and Ethics, MU Center for Health Ethics; Professor Emeritus of Medicine and Medical Ethics, Center for Clinical Bioethics, Georgetown University, Washington, DC., Chairman of the President’s Council on Bioethics

8:00  A complimentary light dessert reception will follow. Please place a check mark on the registration form if you plan to attend.

Friday, October 12, 2007
Hilton Garden Inn
8:00am – 5:15pm

7:00  Registration, Continental Breakfast

8:00  Welcome - David A. Fleming, MD, Professor and Director MU Center for Health Ethics, Health Management & Informatics, University of Missouri School of Medicine

8:15  Plenary I: Spirituality and Health
William B. Bondeson, PhD, Moderator
Edmund D. Pellegrino, MD, Adjunct Professor of Medicine and Ethics, MU Center for Health Ethics; Professor Emeritus of Medicine and Medical Ethics, Center for Clinical Bioethics, Georgetown University, Washington, DC. Chairman of the President’s Council on Bioethics

10:05  Breakout Session I
(Please indicate on registration form which session you will mainly attend.)

1.  Spirituality and End of Life Care
   Dorreen Rardin, RN, CHPN, Coordinator, Palliative Care, Boone Hospital Center, Columbia, Missouri
   Audience Goals:
   • List 2 spiritual assessment tools.
   • Name 3 basic spiritual needs.

2.  (Part I) Jewish Perspectives on Dilemmas in Modern Medical Ethics - Rabbi Yossi Feintuch, Congregation Beth Shalom, Columbia, Missouri
   Audience Goals:
   • To learn about Planned Posthumous Reproduction (or planned orphanhood).
   • To discuss the right to be born without a blemish.
   • To learn about donating organs.
   • To discuss the terminal patient – comparing the right of the individual to the religious view.

(Part II) Teachings of the Baha’i Faith on Health, Healing and the Passing of the Soul
Sahba Jalali, OD, Doctor of Ophthalmology, Advanced Vision Center, Columbia, Missouri
Audience Goals:
• To understand the teachings of Baha’u’llah, the founder of the Baha’i Faith, on the physical and spiritual natures of healing, and the passing of the soul from this physical world into the next realm of existence.

11:05  Breakout Session II
(Please indicate on registration form which session you will mainly attend.)

3.  Asian Cultures and Healthcare: Hindu, Buddhist, and Confucian Values
Michael C. Brannigan, PhD, Pfaff Endowed Chair in Ethics and Moral Values, Department of Philosophy and Religion, The College of Saint Rose, Albany, New York
Audience Goals:
• Understand the significance of intercultural studies in matters of healthcare, spirituality, and healing.
• Examine the influence of cultural perspectives, worldviews, beliefs, and values on issues in healthcare ethics.
• Examine major teachings in Hindu, Buddhist, and Confucian traditions.
• Explore how these ideas relate to healthcare values, spirituality, and healing.
• Recognize obstacles to intercultural discourse and dialogue.
4. **The Mennonite View**  
Joel Hartman, PhD  
Associate Professor Emeritus, Philosophy/Rural Sociology, University of Missouri  
**Audience Goals:**  
• To understand that the Amish & Mennonites have a different World View, a differently perceived “reality” of the physical world which we share with them.

1205 Networking Luncheon

3:00 Break

3:15 Breakout Session III  
(Please indicate on registration form which session you will mainly attend.)

5. **Spirituality and the Care of Children**  
David Fleisher, MD, Associate Professor, Child Health-Pediatric Gastroenterology, University of Missouri School of Medicine  
**Audience Goals:**  
• To develop an understanding of the spiritual needs unique to the health care of children.

6. **Spirituality and Narrative in Healthcare**  
Clay Anderson, MD, Associate Professor of Clinical Medicine, Medicine-Hematology & Oncology, University of Missouri School of Medicine  
**Audience Goals:**  
• To review the basic concepts of health spirituality.  
• To summarize the potential benefits and risks of sharing spiritual beliefs within the patient/provider relationship.  
• To delineate the components of narrative medicine which can be utilized to enrich the spiritual and personal aspects of health care.

4:15 Breakout Session IV  
(Please indicate on registration form which session you will mainly attend.)

7. **Spirituality and Care of the Elderly**  
Steve Zweig, MD, Professor & Associate Chairman, Family & Community Medicine, University of Missouri School of Medicine  
**Audience Goals:**  
• Learn how spiritual issues affect the health of elderly patients and how those issues can be incorporated into their care.

8. **The Challenges of Chaplaincy**  
Virginia Allen, M.Th, Staff Chaplain, MU Pastoral Care, Moderator  
**Panelists:** Rev. Jim Bryan, Sr., MDiv, Pastor, Missouri United Methodist Church, Columbia, Missouri; Rabbi Yossi Feintuch, Congregation Beth Shalom, Columbia, Missouri; Mary S. Salois, MA, Director, Chaplain, Catholic Hospital Ministries, Columbia, Missouri  
**Audience Goals:**  
• To gain insight into the complexity and sometimes difficulty of providing spiritual care to patients/families of people who are from many faith backgrounds.

5:15 Adjourn

Reception and Book Signing  
(Immediately following the conference.)

3:30 Breakout Session IV  
(Please indicate on registration form which session you will mainly attend.)

5:15 Adjourn

Reception and Book Signing  
(Immediately following the conference.)

Saturday, October 13, 2007

7:30 Registration and Continental Breakfast

8:00 Announcements and Introduction  
Lea C. Brandt, OTD, OTR/L, Manager, OT/Speech Therapy; Chair, Ethics Forum, Boone Hospital Center, Columbia, Missouri

8:15 Plenary III: Ethics and Spirituality: Window Dressing or Essential for Quality Care  
Lea Brandt, OTD, OTR/L, Moderator  
William A. Nelson MDiv, PhD, Director, Rural Ethics Initiatives; Associate Professor of Psychiatry and Community and Family Medicine, Dartmouth Medical School, Hanover, New Hampshire  
**Audience Goals:**  
• To describe the importance of integrating ethics and spiritual programs into the culture of today’s healthcare facilities.  
• To identify practical strategies to foster such integration, that can be economically beneficial to the organization and ultimately enhance the quality of care.

9:45 Break
10:05  Breakout Session V
(Please indicate on registration form which session you will mainly attend.)

9. †The Ethics Workup I – David Fleming, MD
Audience Goals:
• To develop skills in identifying the ethical components of difficult cases.
• To gain a greater understanding of ethical decision making in the health care setting.

10. Spirituality and Chronic Disability
George (Brick) Johnstone, PhD, ABPP, Professor of Health Psychology, MU School of Health Professions, Ellis Fischel Cancer Center
Audience Goals:
• To learn different definitions of spirituality and religion.
• To learn spiritual/religious predictors of physical and mental health for persons with chronic disabilities.
• To learn the relationships between spirituality and brain functions.

11:05  Breakout Session VI
(Please indicate on registration form which session you will mainly attend.)

11. †Ethics Workup II (Cases) - Lea C. Brandt, OTD, OTR/L
Audience Goals:
• To develop a working knowledge of the steps necessary to effectively address ethical dilemmas in the health care setting.
• To recognize the importance of accurately identifying who decides, the ethical reasons or criteria for making decisions, and mechanisms to resolve conflict.
• To comprehend that clinical decisions often require accommodating personal beliefs and that ethical deliberation can assist in finding that balance.

12. The Muslim View - Dr. Rashad Nizam,
Mid-Missouri Eye Center, Moberly, Missouri
Audience Goals:
• Learn how cleanliness and spirituality affect the physical and mental health of individuals.
• Learn what health care professionals need to know about a sick or dying Muslim.

12:05  Closing Remarks

12:30  Adjourn

† Note that these designated workshops are specifically designed for attendees who are interested in focusing on developing skills in doing clinical ethics with case discussion and evaluation. Hospital ethics committee members are encouraged to attend.

In support of this conference, we gratefully acknowledge support from the following groups:

MU School of Medicine
MU Sinclair School of Nursing
MU Center for Religion, the Professions & the Public
MU School of Health Professions

Conference Chair
David A. Fleming, MD, Professor and Director, MU Center for Health Ethics, Health Management & Informatics, University of Missouri-Columbia

Planning Committee
William B. Bondeson, PhD, Curator’s Distinguished Teaching Professor, Professor of Philosophy & Family & Community Medicine, MU School of Medicine
Lea C. Brandt, OTD, OTR/L, Manager, OT/Speech; Chair, Ethics Forum, Boone Hospital Center, Columbia, Missouri
Sarah Breier-Mackie, PhD, RN, Assistant Professor, Clinical Nursing, MU Sinclair School of Nursing
Shirley Farrah, PhD, RN-BC, Assistant Dean, Nursing Outreach and Distance Education, MU Sinclair School of Nursing
Joan Luterman, MSW, LCSW, University Health Care
Dorreen Rardin, BSN, RN, Palliative Care Team, Boone Hospital Center, Columbia, Missouri
Elaine Rogers, Sr. Continuing Education Coordinator, CME Office, MU School of Medicine
Accreditation/Contact Hours
The Office of Continuing Education, School of Medicine, University of Missouri-Columbia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Education, School of Medicine, University of Missouri-Columbia designates this educational activity for a maximum of 10.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

University of Missouri-Columbia Sinclair School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. 10.5 Contact Hours are awarded for this offering. Credit will be awarded to all individuals who attend at least 80% of the offering and are paid in full. Provider Number 707-1.

The University of Missouri-Columbia School of Social Work, College of Human Environmental Sciences, has approved this program for 12 contact hours (or 1.20 Continuing Education Unit) for social workers. There is an additional $10.00 cost for credit which must be submitted with the registration form.

The University of Missouri-Columbia, School of Health Professions approves this activity for 14.9 contact hours. A certificate of completion will be provided and each health care professional will be responsible for presenting this certificate to their respective board for continuing education credit.

The Missouri Board of Nursing Home Administrators has approved this conference for up to 11 clock hours: (4 Administrative and 7 Patient Care) towards relicensure of nursing home administrators.

Location
The lecture on Thursday, October 11, 2007 will be held at the Reynolds Alumni Center on the University of Missouri-Columbia campus.

The conference on Friday, October 12 and Saturday, October 13, 2007 will be held at the Hilton Garden Inn, 3300 Vandiver Drive, Columbia, Missouri 65201

Lodging
If you need guest rooms at the Hilton Garden Inn, please call 573-814-5464 to check on availability. Make sure to ask for the group rate for the “Ethics Conference, University of Missouri”.

Registration Information
To register, please complete and return the registration form with payment to the address listed at the bottom of the form. You may also register by FAXing your application to 573-882-5666 or registering on the web: www.muhealth.org/~cme. Fees may be paid by cash, check, Discover, MasterCard, or VISA. The check should be made payable to the University of Missouri-Columbia. To pay by credit card, please fill out the appropriate section of the registration form and sign where indicated.

Registration Fees
$135 Special Early Registration Fees – if received on or before September 12, 2007.
$150 Regular Registration Fees – if received after September 12, 2007, but on or before October 5.
$165 Late Registration Fees – if received after October 5, 2007.
$50 Special rate for students, residents, and fellows

All conference materials and catered functions are included.

Substitution Policy
If you register but cannot attend, you may substitute another individual from your organization. A substitution must be made in writing and submitted to the CME office.

Cancellation/Refunds
A full refund will be made if notice of cancellation is received, in writing, by Friday, September 28. A $50 administrative fee will be assessed for all notices received after September 28. Please mail or FAX to the address listed on the registration form, or email: carrk@health.missouri.edu

Questions?
Call the CME Office at 573-882-5661 or e-mail carrk@health.missouri.edu

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2007 MU Health Ethics Conference – Spirituality in Health and Healing

Registration Form

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Mail completed application and payment to:

Health Ethics
University of Missouri-Columbia
2401 Lemone Industrial Blvd., DC345.00
Columbia, MO  65212

You may also FAX to [573] 882-5666

Conference Information and registration is posted on the CME website: www.muhealth.org/~cme
2007 MU Health Ethics Conference

*Spirituality in Health and Healing*

October 11-12-13, 2007

The Reynolds Alumni Center and the Hilton Garden Inn
Columbia, Missouri